

## Spa Rituals

Contributed by Administrator  
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Spa RitualsPraNayah AvagaahaH (Indian Love Bath) ~ 90 minutes : \$240

They didnt write the Karma Sutra for nothing.This is the treatment to re-connect those who need a little love put back in their life, or for those who are already romantic and want more! A bathing ritual and full body massage full of aphrodisiac oils, with a glass of Sparkling and fresh fruit.

**\*\* NEW\*\*** upgrade to our romantic garden bungalow \$260 per couple **\*\*\*BhaaraH Aatmaa (soul & spirit) ~ 105 mins: \$160**Allow your soul and spirit to relax with an Indian Foot soak marma point massage and a balancing facial. PraNayah Zaanti Kaantaa (love & peace beautiful woman) ~ 120 mins: \$190Submerge yourself in the aroma of the heart, love and beauty. A Ratrani Rose scrub and a Ratrani Rose full body massage. Arjuna Warrior Prince ~ 120 minutes : \$190Restore and revitalize, become a Prince. A herbal body treatment and a full body massage, full of invigorating ingredients and spicy scents. Hill Spa Spirit ~ 180 minutes : \$290In love and harmony we take you out of this world and allow your spirit to soar with the angels.Beginning with a relaxing soak in our beautiful hydrotherapy spa, surrounded by trees and listening to the birds, we take you into nature to allow your spirit to breathe.Your skin is now prepared for a deeply hydrating warm oil wrap with a divine scalp massage, flowing into a full body massage and a one hour facial.Hill Spa Soul 4 hours + fruit platter : \$390From the tips of your toes to the top of your head and back again!We commence your journey with a heavenly foot soak and massage. Then experience a specially selected Hill Body Scrub to gently exfoliate the skin helping to remove toxins from the body. Step out and soak in our hydrotherapy spa, watching the birds in the trees while you hydrate and nibble on fresh fruit. Float into a full body massage, which dreams into our Eminence Experience facial with an Indian Scalp massage & Polish for your pedi! Come back to earth with a herbal tea.Hill Spa Sublime 6.5 hours + fruit platter & spa lunch : \$550The Ultimate in pampering and rejuvenation! In preparation for your journey a ritual foot bath and pedicure is essential. A specially selected slough is applied and Indian scalp and marma hand massage releases your tension as it dries. Once buffed and cleansed with fresh rain water become wrapped in a herbed yoghurt cocoon where you become one with the universe through our ancient Bliss Compress therapy. Float back slowly in our milk mint soak. At peace enjoy a pause in time before surrendering your body to a sensory massage and a divine facial. Our spa hand ritual brings you back to earth with polish.